

THOMAS CARBERRY

EHS Specialist

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EXPERIENCE

EHS Specialist

J&J Vision Care UC (JJVC)

10/2015 - Present Limerick

- EHS inductions and senior leadership presentations.
- Incident/accident investigation / Incident and corrective action Management.
- Contractor safety management and construction safety auditing.
- Job Safety Analysis (JSA) Authoring and risk assessment trainer.
- Support EHS audits and inspections, recommendations, and process improvements.
- Development and creation of EHS Procedures and programs.
- Leading projects such as machine safety risk assessment and ePermit to work (ePTW) introduction.
- Manual handling instructor
- Permit to work subject-matter expert and trainer.
- Lock out Tag out Subject-matter expert and trainer.
- Management of Change (MOC) subject-matter expert and trainer

EHS Site Lead

J&J Vision Care UC

01/2016 - 08/2016 Sunbury England

- Managed contractor safety and corporate reporting as EHS&S Engineer at J&J Vision Care, enhancing workplace safety protocols.
- Delivered monthly EHS&S toolbox training programs, boosting employee safety awareness and engagement.
- Led a focus group on EHS improvements, driving significant safety culture enhancements within manufacturing and warehouse settings.
- Developed and implemented technical safety training for manufacturing, increasing operational safety compliance.
- Ergonomics Lead for Northern Europe sector, innovating workplace safety ergonomics.
- Oversaw chemical safety standards, maintaining strict compliance with site and corporate EHS guidelines.

Environmental Scientist

RPS Consulting Engineers

01/2014 - 01/2016 Limerick

Plumber

Carberry Heating and Plumbing Ltd

01/2004 - 01/2011 Limerick

KEY ACHIEVEMENTS

Leadership and decision making

Successfully lead the deployment of ePTW at both Limerick J&J Sites in 2023. Hiring and mentoring Contract EHS resources with the Vision Care EHS department

Technical ability/ Learning Agility

Designed, built and relaunched the JJVC EHS SharePoint site 2024. Responsible for deploying EHS Software package with mobile application ability

Mechanical systems

20 years experience in mechanical trade

Compliance

Achieved zero critical findings in recent comprehensive audit 2024.

Communication

Responsible for JJVC site Induction, Manual Handling and Lock Out Tag Out. training since 2017.

SUMMARY

An experienced and self-motivated Health and Safety professional accustomed to working in highly regulated environments. Since October 2015, I have been working with Vision Care Limerick a major contributor in the Vision Care division of Johnson & Johnson. During this time, I have been responsible for a wide range of projects in Health and Safety, Environmental, manufacturing, supply chain and construction at facilities in Ireland and in the UK. I'm a data and solutions driven individual with many years of hands-on mechanical and technical experience. I am now looking to broaden my experience.

EDUCATION

NFQ Level 9 Specialist Diploma in Health and Safety

University of Limerick

01/2021 - 12/2021

NFQ Level 8 B.Sc. (Hons) in Environmental Science

University of Limerick

01/2011 - 01/2015

Advanced FETAC Level 6 qualification in Plumbing and Heating

Cork Institute of Technology - CIT

01/2006 - 01/2010

Leaving Certificate

St. Fintan's CBS Doon Co. Limerick

01/1999 - 01/2004

- Fintan's CBS, Doon Co. Limerick

CERTIFICATIONS

Certified Expert in CE Marking (CECE)

Certified Expert in Machine Safety (CMSE)

Certified Functional Safety Expert (CFSE)

Manual Handling Instructor

First Aid Responder

FETAC Advanced Level 6 in Plumbing and Heating