

# MARGARET RUDDEN

1 Derrylurgan Beag, Ballyjamesduff, Co. Cavan, | 087 2208325 | ruddenmargaret@yahoo.ie.

## SUMMARY

I am an adaptable individual who can consistently meet required deadlines and ensure projects progress smoothly. Excellent communication skills, both written and verbal. I genuinely enjoy working with people. I approach every task and interaction with a positive and enthusiastic attitude.

## EXPERIENCE

- July/August 2024**      **Ashdale Care Ireland Ltd, Ashdale House, Drumbeenagh , Monaghan**  
July Provision Home based - Special Needs Assistant
- July 2024**              **St Clares Primary School, Cavan.**  
July Provision School Based – Special Needs Assistant
- June 2024 to July 2024**      **St Clares Primary School, Ballyjamesduff, Co. Cavan.**  
July Provision School Based Special Needs Assistant
- February 2024 to To date**      **St Clares College, Ballyjamesduff, Co. Cavan.**  
Substitute Special Needs Assistant
- January 2020 to September 2023**      **Elate: Women's Online Body Transformation Coaching**  
Provide support through life coaching to individuals on a uniquely tailored program. Establishing realistic and achievable goals and providing encouragement to foster positive self-discipline and mindset for a successful outcome.
- 1986 – 2020**              **Carer & Homemaker**  
I spent a number of years raising my 3 children and in later years providing support to my elderly Parents.

## SKILLS

Proficient with the use of Microsoft Office products

Full Drivers Licence  
TFL Qualified

## EDUCATION

- 2024**                      **Working with Children who have experienced Trauma**  
Child Psychology Institute - Summer Courses Approved by DES  
**Applied Behavioral Analysis (ABA) - Pending**  
Forus Training, Mullingar
- 2023/2024**              **Special Needs Assistant (SNA), Forus**
- 2022**                      **Life Coaching Certificate Course (Beginners to Advanced)**  
The Academy of Modern Applied Psychology
- 1990**                      **Foundation Course in Childcare (Diploma) Homestudy**

**HOBBIES**

I enjoy a variety of activities including walking and hiking. I have recently climbed over the Pyrenees from France to Spain as part of a Camino Walking Group. I have also climbed Carrantuohill and Croagh Patrick.

GAA Supporter and Former Health Officer for Cavan County Board.

**REFERENCES**

Teresa Donnellan, Principal, St Clares Secondary School, Ballyjamesduff, Co. Cavan.

Karl McCartin Principal St Clares Primary School, Ballyjamesduff.

Alma Leonard Principal St Clares Cavan.

Ryan McNamara Ashdale House, Monaghan.